BENDING RADIUS AND PULLING TENSIONS:

MINIMUM BENDING RADIUS:

Power Cables 600 Volts, without Sheath, Shielding or Armor:
The minimum bending radii for single and multi-conductor cables rated 600 volts and less, and without sheath, shielding or armor

<table>
<thead>
<tr>
<th>Thickness or Conductor Insulation in Mils</th>
<th>Min. Bending Radius as a Multiple of Cable Diameter Overall Diameter of Cable in Inches</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.000 and less</td>
<td>1.001 - 2.000</td>
</tr>
<tr>
<td>169 and less</td>
<td>5</td>
</tr>
<tr>
<td>170 - 310 5</td>
<td>6</td>
</tr>
<tr>
<td>311 and over</td>
<td>--</td>
</tr>
<tr>
<td>2.001 and over</td>
<td></td>
</tr>
<tr>
<td>169 and less</td>
<td>6</td>
</tr>
<tr>
<td>170 - 310 5</td>
<td>7</td>
</tr>
<tr>
<td>311 and over</td>
<td>--</td>
</tr>
</tbody>
</table>

Power Cables Over 600 volts, without Sheath, Shielding or Armor:

1. The minimum bending radius for all cables is eight times the overall cable diameter.

Shielded Cables without Armor, All Voltages:

1. The minimum bending radius for single conductor cable and multi-conductor cable with an overall shield is twelve times the overall cable diameter.
2. The minimum bending radius for multi-conductor or multiplexed cables having individually shielded conductors is twelve times the diameter of one of the individual conductors or seven times the overall diameter, whichever is greater.
3. The minimum bending radius for lead sheathed cables is twelve times the overall cable diameter.

Interlocked Armored Cable, All Voltages:

1. The minimum bending radius for cables with non-shielded conductors is seven times the armor overall diameter.
2. The minimum bending radius for cables with shielded conductors is twelve times the diameter of one phase conductor or seven times the overall diameter, whichever is greater.

Note: The minimum bending radius applies to the inner surface of the cable not the cable axis.

PULLING TENSIONS:

A. Maximum Pulling Tension on Cable

1. With pulling eye attached to copper conductors, the maximum pulling tension in pounds should not exceed 0.008 times cir-mil area

\[ TM = 0.008 \times n \times CM \]

where:
- \( TM \) = max. tension, lb.
- \( n \) = number of conductors
- \( CM \) = cir-mil area of each copper conductor

(3) With cable grip over lead sheath, the maximum pulling tension in pounds should not exceed 1500 lb/sq. inch of lead sheath cross-sectional area for commercial lead

\[ TM = 4712 \cdot t \cdot (D - t) \]

where:
- \( t \) = sheath thickness, inches
- \( D \) = overall diameter of cable, inches

(4) With cable grip over non-lead cable, the maximum pulling tension should not exceed 1000 lb and may not exceed the maximum tension based on 0.008 or 0.006 x total conductor area.

(5) When more than three conductors are pulled together, the maximum pulling tension should be reduced 20%

B. Maximum Permissible Pulling Length

\[ LM = \frac{TM}{fW} \]

where:
- \( LM \) = pulling length, feet (straight section)
- \( TM \) = maximum tension, lb.
- \( W \) = weight of cable per foot, lb.
- \( f \) = coefficient of friction (usually 0.5)

C. Pulling Tension Requirements in Ducts or Conduits

1. For straight sections, the pulling tension in pounds equals the length of duct or conduit multiplied by the weight per foot of cable and the coefficient of friction (paragraph B)

\[ T = LWf \]

2. For curved sections, the following formula applies:

\[ TC = T1e \]

where:
- \( TC \) = tension exiting curved section, lb
- \( T1 \) = tension entering curved section, lb
- \( a \) = angle of bend in radians (1 radian = 57.3 deg.)
- \( f \) = coefficient of friction (usually 0.5)
- \( e \) = naperian logarithm base

(3) To limit the sidewall bearing pressure on cables at bends, the maximum pulling tension in pounds shall not exceed the following factor times the radius of curvature of bend expressed in feet:

<table>
<thead>
<tr>
<th>Cable Type</th>
<th>Factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Voltage 16 - 10 AWG</td>
<td>300</td>
</tr>
<tr>
<td>Low Voltage 8 AWG and LGR</td>
<td>500</td>
</tr>
<tr>
<td>5kV NonShielded</td>
<td>500</td>
</tr>
<tr>
<td>5kV - 35kV</td>
<td>500</td>
</tr>
<tr>
<td>Interlocked Armor (all voltages)</td>
<td>300</td>
</tr>
</tbody>
</table>